



INTERNATIONAL INSTITUTE FOR
CRANIOSACRAL BALANCING®



A collaboration between ICSB and IEBC



Advanced Training

Beginnings of Life: The Magic of Human Beginnings

July 7 – 11, 2027 Catalonia, Spain, with Bhadrena C. Tschumi

"In the core of every beginning lives the magic that protects us and helps us live."

— Hermann Hesse, "Stufen"

About this postgraduate course

What if every beginning was magic? This immersive experience invites you to cultivate beginnings that are regulated by the Tide, spacious within the bigger Field, welcoming and held in a compassionate, heartfelt, neutral yet relational environment.

Through the lens of Biodynamic Craniosacral Therapy, we will explore the profound connection between our origins and our lifelong well-being.

Key Explorations

- **Blueprint and Imprint:** Learn what it means to hold an awareness of your "Blueprint" or original matrix as we meet the "Imprint" of our personal history. We will dive deeply into biodynamic core concepts including the Field, the Tide, ignition processes, integration and resolution.
- **Biology and Biography:** Discover how our earliest experiences shape lifelong health, and how prenatal conditions directly influence our lifelong stress response and resilience. We will also explore how early bonding shapes our relationships and emotional health.



- **Health and Reconnection:** Embrace the foundational truth that Health is never lost, reconnection to Health is always within our potential and that it is never too late to make a reparative experience.

A Journey Beyond History

Biodynamic Craniosacral Therapy has the power to touch the Being beyond biology, imprint, patterns and individual history and reconnect to the original Health.

This course will support us in reconnecting with the source of existence, allowing us to draw strength from essential qualities of Health.

Join us to explore the transformative questions:

Who are we, before the beginning, at the beginning and before individual history starts influencing us? Who are we, when history is integrated into wholeness and is synchronized with inherent Health?

Bhadrena C. Tschumi, MA, RCST®, BCST, SEP, ED KT



Bhadrena's educational background is rooted in humanistic psychology and education, which she studied in both Switzerland and the United States. Over the course of her career, she has specialized in a diverse array of therapeutic modalities, including Gestalt therapy, Theme-Centered Interaction (TCI), Rogerian therapy, Neuro-Linguistic Programming (NLP), Focusing, developmental psychology, and prenatal and birth psychology. In the late 1970s, Bhadrena discovered Craniosacral Therapy, a practice that profoundly inspired her and quickly became her greatest passion. As one of

the pioneering educators to bring this method to Europe, she established the International Institute for Craniosacral Balancing® (ICSB) in 1986. She designed a comprehensive training curriculum that incorporates a variety of teaching methodologies.

Drawing on more than 40 years of experience in the health and therapeutic fields, Bhadrena's approach has evolved organically. Today, she teaches a biodynamic approach to Craniosacral Therapy, enriching the ICSB's professional training programs by integrating the latest developments in neurobiology, embryology, trauma work, pre- and perinatal therapy, and Diamond Logos Teachings®. Additionally, she holds a federal diploma in complementary therapy and actively trains practitioners in Switzerland.

Ultimately, Bhadrena is deeply committed to transforming the therapeutic paradigm; she advocates for viewing individuals as having limitless potential and an innate capacity to reconnect with their true essence and glory of their Being.



Practical Information

The course is for craniosacral practitioners and taught in English with translation into Spanish.

- **Dates:** July 7 – 11, 2027
- **Teacher:** Bhadrena C. Tschumi, MA, RCST®, BCST, SEP, ED KT
- **Organization:** Instituto Español de Biodinámica Craneosacral (IEBC)
- **Location: Casa Santa Elena** - www.casa-santa-elena.org/
Ctra. de Santa Cristina d'Aro, Solius, GIRONA
- **Certified hours:** 38
- **Start:** 10:00 AM, July 7, 2027
- **End:** 2:00 PM, July 11, 2027

- **Course fee:** € 650.00 (see different offers below)
- **Room and board: (book through the IEBC organization)**
Single rooms: € 116.00 full board per day
Double rooms: € 105.00 full board per day
- **Tourist tax:** Approx. € 12 per person for the entire stay (this tax may vary slightly by the time of the event)

Please contact the IEBC to register and book your accommodation.

- **Prerequisite for participation: Craniosacral practitioner with diploma (completed foundation training)**
- **Registration and bookings:**
Email: info@biodinamicacraneosacral.org
Phone: +34 653207963 (Sarjan Surya)

The course has a limited number of participants.

Registration is open until June 30, 2027, or until the maximum number of participants is reached.

Early booking discounts for the course:

- **Early Bird I:** € 125 discount if you book before October 15, 2026
- **Early Bird II:** € 100 discount if you book before January 31, 2027
- **AETBC member discount:** 5% discount on your final booked price.

Participation is confirmed upon receipt of a € 200.00 deposit.