



## **AUGMENTATION AND ALIGNMENT**

A contact that opens to the dimension of the organizing forces

September 21 – 25, 2022 Pelago, Florence



## with Kavi Gemin and Bhadrena Tschumi

Craniosacral Biodynamics practitioners cultivate an intimate relationship with Stillness, the state from which all manifestation emerges.

Stillness is not just a philosophical principle, but a practical orientation: When there is motion, there is a fulcrum of stillness around which that movement is organized.

The orientation to stillness, therefore, favors the perception of the organizing fulcrum. Consequently, the perception of the fulcrum of stillness allows an amplification, an augmentation of motion.

We thus encounter an increase in movement, a sense of constant expansion of the living body, in which the presence of the midline emerges, not as a geometric structure, but as a function of health.

The principle of midline is therefore perceived as a function of stillness. The practitioner's orientation is then aligned to the presence of midline and becomes a catalyst for stillness, for the forces of organization, for the expression of Health.

In this Advanced course for practitioners, we will explore the concept of alignment, seen as a process of continuity and unification.

We will experience what happens when a structure is aligned with the principle of stillness, returning to participate in the unity and wholeness of the whole system.





We will see alignment as a principle for facilitating the expression of primary respiration and for supporting the therapeutic process.

The more the individual is in rapport with the forces of primary respiration, the more the tempo slows down, the more we are in touch with health.

The therapeutic process becomes a profound experience of harmony and beauty.

## Content

- Recognition of stillness as an organizing phenomenon
- The processes of amplification supports augmentation of primary respiration
- Structural and functional midline, the intimate relationship with stillness
- Alignment and augmentation: principles and practice
- Alignment of structures
- Alignment to the essence of the midline
- Alignment as a therapeutic process
- Supporting the relationship between inner and outer cosmos

Prerequisites: Certificate craniosacral practitioner, basic knowledge of biodynamics

## **Practical information**

The course is taught partly in Italian and partly in English. Translation is provided.

**Dates:** September 21 – 25, 2022

**Location:** The course is residential, in nature and silence:

Agriturismo Olistico Congressuale FONTALLORSO

Pelago, Firenze www.fontallorso.com

Teachers: Kavi Gemin, MT, RCST®, BCST, SEP, Osteopata

Bhadrena C. Tschumi, MA, RCST®, BCST, SEP

Certified hours: 38

**Begin**: 10am Sept. 21, 2022 **End**: 2pm Sept. 25, 2022

**Price of the course** € 600.00 (see different offers at the end¹)

€ 20.00 Conacreis Association Subscription

Room and board:

Double room: €78 full board Triple room: €68 full board Single room: €98 full board

**Single rooms are limited:** Please book early, if you want a single room and only, if it is really necessary. In case there are no single rooms left in Fontallorso, it is possible to book them in nearby facilities, a few minutes away from Fontallorso, at the same price. Transportation is needed.

For participants, who don't sleep in Fontallorso, the price of each meal is €18.00 and breakfast € 7.00.





Addresses:

Associazione Culturale MU APS ICSB, International Institute for Craniosacral Balancing®

Via Diaz 225 – Lucca Ländlistr. 119 Bremgarten, Switzerland

Tel 333-4862234. 335-7905318 <u>info@craniosacral.eu</u>

info@muassociazione.it www.icsb.ch

<u>www.craniosacral-training.it</u> <u>www.craniosacral.eu</u>

More information about the content: Contact ICSB

Information about room and board: Associazione Culturale MU Aps
Registration and room reservation: Associazione Culturale MU Aps

The course has a limited number of participants.

Registration is open until August 30<sup>th</sup>, or until maximum number is reached.

<sup>1</sup>Given the current situation and the difficulties that many of us are encountering, we offer a €100 discount for registrations within May 30<sup>th</sup>.

Afterwards, a discount of € 50.00 is extended for those who register from June 1<sup>st</sup> to August 15<sup>th</sup>.

Participation is confirmed upon receipt of €200.00 deposit.

Shall the course not take place due to the health emergency restrictions the participants can

choose to either have the full deposit refunded or leave it as a deposit for the next advance course in

Sept. 20 – 24, 2023.